



male

female



# is a Common eider

You were banded one spring by Ducks Unlimited Canada scientists at Table Bay, near Cartwright, Labrador.

Here, your mom laid you and five other **green eggs** in a soft, feather-filled nest on the ground near the ocean. She guarded you closely, and didn't even eat until you hatched. In fact, your mom lost almost half her weight during this time!

Soon after, your "aunt" and other female common eiders joined your family, helping your mom protect you from **predators** like large ravens. By mid summer, you learned how to **dive deep** into the ocean to find your favourite foods: clams, scallops and crabs.

In the fall you and your family migrated a short distance south to Yarmouth, Nova Scotia to spend the winter.

**Conservation note:** The eider was almost extinct 125 years ago and needs our help to keep its population healthy.

Banding or marking ducks is one way for scientists to learn about them and what they need to survive. Learn how you can help by visiting [education.ducks.ca](http://education.ducks.ca)

**WOW**  
The common eider can dive into the ocean to depths of 20 metres – the length of almost two school buses!



Labrador

Nova Scotia



Ducks Unlimited Canada  
Conserving Canada's Wetlands

Active by nature.